



ARTS

Regenerative
Therapies
Summit 2026

LA JOLLA - TORREY PINES - CA

SUMMIT PROGRAM
JULY 30 – AUGUST 2

WELCOME TO THE 2026 REGENERATIVE THERAPIES SUMMIT

For the next few days, we invite you to step away from the demands of practice and immerse yourself in a community dedicated to learning, discovery, and growth. Together, we will explore the science of tissue behavior, examine emerging regenerative therapies, and engage in the meaningful conversations that move our field forward.

ARTS was founded on the belief that the most impactful education happens when disciplines intersect, ideas are challenged, and practitioners learn from one another. This Summit is a reflection of that vision—a place where science, clinical experience, and human connection come together.

Thank you for being part of this community. Your presence, participation, and commitment to advancing patient care are what make this gathering so extraordinary.

Welcome to La Jolla. Welcome to ARTS. And welcome to what comes next.



Sincerely,

Marcille Pilkington

Founder & CEO

THANK YOU TO OUR 2026 SPONSORS, EXHIBITORS, & MARKETING PARTNERS.
You help make the ARTS Summit possible. Your support fuels education, innovation, and collaboration across the regenerative medicine community. Thank you for investing in the advancement of our field and for helping create an exceptional experience for our attendees.

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PASSPORT
PROGRAM 2026

New! This year, your passport is inside your name badge. Visit the booths throughout the exhibit hall to collect stickers, complete your passport card, and submit it for a chance to win prize drawings.

Explore, connect, and discover what's new from our industry partners.



ARTS TISSUE RESPONSE COMPASS™

A living field guide for shared language in
regenerative medicine.

What is the Tissue Response Compass?

[VISIT ARTS TRC GUIDE](#)



Establishing a Common Language for Regenerative Medicine. The field of regenerative medicine stands at a remarkable inflection point. Advances in adipose-derived cellular therapies, tissue engineering, and biologically driven reconstruction are transforming how we think about healing, restoration, and functional recovery. Yet as innovation accelerates, a fundamental challenge persists: many of the terms that define our science are used inconsistently, often carrying different meanings across specialties, publications, and clinical settings. Words such as inflammation, repair, regeneration, remodeling, fibrosis, integration, and revascularization are frequently invoked, but not always with the same biological intent. This ambiguity can hinder scientific communication, complicate regulatory discussions, and slow the translation of promising therapies into widespread clinical practice.

The Tissue Response Compass™ (TRC Guide) was developed to address this challenge. More than a glossary, it is a framework for shared understanding—a guide to the biological processes that govern tissue response following injury, intervention, and cellular therapy. By providing clear, scientifically grounded definitions, the TRC seeks to align researchers, clinicians, industry partners, and regulators around a common vocabulary.

As we gather in San Diego to explore the latest breakthroughs in adipose-derived cells, soft tissue regeneration, musculoskeletal therapies, and tissue engineering, the need for linguistic precision has never been greater. Progress begins with understanding. By speaking the same scientific language, we strengthen collaboration, accelerate discovery, and ultimately improve outcomes for the patients who inspire our work.

Dr. Ramon Llull, MD, PhD

The Glossary

In regenerative and reparative medicine, many terms are used across scientific, clinical, and commercial contexts with meanings that often overlap, but are not always identical.

ARTS Tissue Response Compass™ provides a clearer framework for understanding and discussing these terms supporting more precise communication between clinicians, researchers, educators, and industry partners. Below is a glimpse into the TRC Guide.

Collagen Stimulation

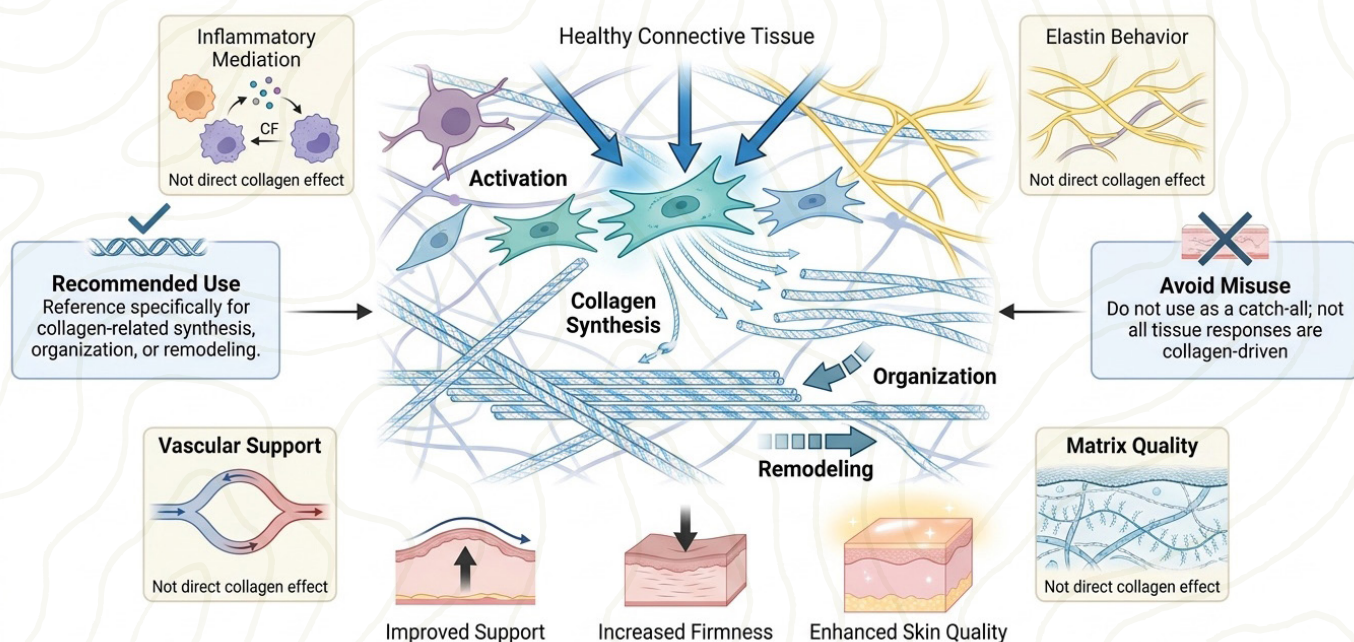
In soft tissue therapy, collagen stimulation refers to the induction of biologic processes that increase collagen synthesis, organization, or remodeling within connective tissue. It is often used as a mechanistic shorthand for fibroblast activation and extracellular matrix renewal, but the phrase may oversimplify the broader tissue events involved, including inflammatory mediation, elastin behavior, vascular support, and matrix quality. Clinically, the term is often linked to observations such as improved support, firmness, and skin quality over time, while in marketing it is frequently used as a more accessible proxy for complex reparative biology. It is not a complete description of all tissue-level events, and it should not be used as though collagen alone explains every beneficial outcome in soft tissue restoration.

Recommended Use: Use when specifically referring to collagen-related matrix synthesis, organization, or remodeling as part of a broader soft tissue response.

Avoid Use: Avoid as a catch-all explanation for every favorable tissue outcome or as a substitute for broader terms when multiple biologic mechanisms are involved.

See also: Biostimulation, Regenerative, Rejuvenation.

Collagen Stimulation in Soft Tissue Therapy



Note: Collagen stimulation is one of several overlapping mechanisms in soft tissue repair and should not be used to explain every beneficial outcome.

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CO-CHAIRS



Ashkan Ghavami, MD
Plastic Surgery - Beverly Hills, CA



Daniel Gould, MD, PhD
Plastic Surgery - Beverly Hills, CA



Ramon Llull, MD, PhD
Plastic Surgery - Wake Forest, NC



Rowan Paul, MD
Sports Medicine - Palo Alto, CA



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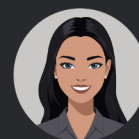
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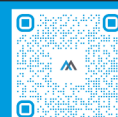
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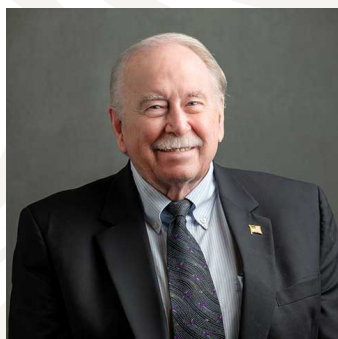
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FACULTY

SEE FULL BIOS HERE



Donna Alderman, DO
Sports Medicine - Valencia, CA



Robert Alexander MD, DMD, FICS
Cosmetic Surgery - Stevensville, MT



Richard Chaffoo, MD, FACS, FICS
Plastic Surgery - La Jolla, CA



John Cole, MD
Hair Restoration - Atlanta, GA



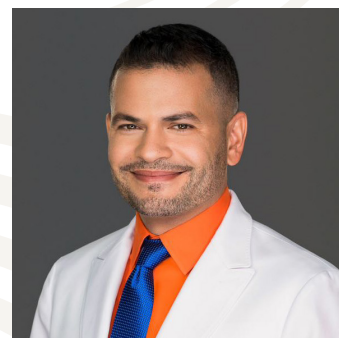
Kay Durairaj, MD
Plastic Surgery - Pasadena, CA



Adellcho Nobel Hansen, M.Sc, MD
Urology - Los Angeles, CA



Robert Harman, DVM, MPVM
Veterinary Medicine - San Diego, CA



Moises Irizarry-Roman MD
Sports Medicine - Miami, FL



Jonathan Kanevsky, MD
Plastic Surgery - Beverly Hills, CA



Ethan Kellum, MD
Orthopedic Surgery - Nashville, TN



Marc Mani, MD
Plastic Surgery - Beverly Hills, CA



Timothy Marten, MD, FACS
Plastic Surgery - San Francisco, CA

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Tess Mauricio, MD, FAAD
Dermatology - San Diego, CA



Randy Miller, MD
Plastic Surgery - Miami, FL



Allan Mishra, MD
Orthopedic Surgery - Palo Alto, CA



Shoib Myint, DO, FAOCO
Oculo Facial Plastic & Reconstructive Surgery - Las Vegas, NV



Greg Pataki, MD
Plastic Surgery - Budapest, Hungary



Ziv Peled, MD
Plastic Surgery - San Francisco, CA



Marla Reynolds
Finance - New Bern, NC



Matthew Stokes, DNP, CRNA
Regenerative Medicine - Hamilton, MT



Anne Truong, MD
Internal Medicine - Fredericksburg, VA



Alexis Verpaele, MD, PhD
Plastic Surgery - Ghent, Belgium



Ryan Welter, MD, PhD
Cosmetic Surgery - Westwood, MA

[SEE FULL BIOS HERE](#)



SUMMIT SCHEDULE 2026

DAY 1 | THURSDAY July 30

8:15AM - 9:10AM

Breakfast

9:10AM - 9:15AM

Introductions

Defining Scientific Standards for Regenerative Therapies: Moderator - Daniel Gould, MD, PhD

9:15AM - 9:30AM

Standardizing the Vocabulary - Ramon Llull, MD, PhD

9:30AM - 9:45AM

From Anecdote to Evidence: Why Measuring What We Deploy Changes Everything - Robert Alexander, MD

9:45AM - 10:00 AM

The Architecture of Regeneration: Why Biological Systems Are More Than the Sum of Their Components - John Cole, MD

10:00AM - 10:15AM

Q&A Session

Open Forum Discussion: Moderator - Moises Irizarry-Roman, MD

10:15AM - 11:15AM

The Regenerative Mindset - Didn't I Become a Doctor to Heal? - John Cole, MD, Anne Truong, MD, & Allan Mishra, MD

11:15AM - 11:30AM

Discussion with all Attendees

Regenerative Therapies for Erectile Dysfunction: Moderator - Ramon Llull, MD, PhD

11:30AM - 11:50AM

"Overlap Syndrome" of Alopecia, ED, and CVD: Responses to Modified Biocellular Therapies - Adellcho Nobel Hansen, MD

11:50AM - 12:10PM

Multi-Modality Approach to Erectile Dysfunction - Anne Truong, MD

12:10PM - 12:30PM

Q&A Session

12:30PM - 1:30PM

Lunch in the Exhibit Hall

Open Forum Discussion: Moderator - Allan Mishra, MD

1:30PM - 2:30PM

Beyond the Procedure - Scientifically Sound Add-ons that Enhance Outcomes

Panel: Donna Alderman, DO, Robert Alexander, MD, Ethan Kellum, MD, Moises Irizarry-Roman, MD, Tess Mauricio, MD, & Marc Mani, MD

2:30PM - 2:45PM

Discussion with all Attendees

Regenerative Therapies in Body Aesthetics: Moderator - Daniel Gould, MD, PhD

2:45PM - 3:00PM

How I Utilize Fat Transfer for Breast and Body Aesthetic Contour - Ashkan Ghavami, MD

3:00PM - 3:15PM	Reconstruction of Moderate to Severe Breast Asymmetries By Applying Regenerative Techniques: Proper Fat Transfer Takes It All - Greg Pataki, MD
3:15PM - 3:30PM	Radio Frequency Microneedling and Nanofat for Surgical and Traumatic Scars - Marc Mani, MD
3:30 PM - 3:45PM	Q&A Session
3:45PM - 4:15PM	Break in Exhibit Hall
	Featured Presentation
4:15PM - 4:45PM	The “One Medicine” Approach - Veterinary Lessons for Human Medicine - Robert Harman, DVM, MPVM
4:45PM - 5:00PM	Q&A Session
5:00PM - 6:00PM	Cocktails, Complications, & Conversations
5:45PM - 6:30PM	Welcome Reception in Exhibit Hall

SUMMIT SCHEDULE 2026

DAY 2 | FRIDAY July 31

7:00AM - 8:00AM	Breakfast in the Exhibit Hall
	Featured Presentation
8:00AM - 8:20AM	Financial Healthspan - Building Practice Value Before It's Time to Retire - Marla Reynolds
8:20AM - 8:30AM	Q&A Session
8:30AM - 10:00AM	Hot Topics in Regenerative Therapies: Moderator - Randy Miller, MD Presenters - Tess Mauricio, MD (<i>Synova</i>), Jonathan Kanevsky, MD (<i>Apyx</i>), Anne Truong, MD (<i>CuraMedix</i>), Moises Irizarry-Roman, MD (<i>RegenTx</i>), Daniel Gould, MD, PhD (<i>Riviera</i>), Michael Antosy (<i>MyAdvice</i>), Allan Mishra, MD (<i>VyVerse.com</i>), Randy Miller, MD, Christine Lane (<i>Mavrix Profit System</i>), & Arvind Chakravarthy, MD, MBA (<i>Regen Therapy</i>)
10:00AM - 10:30AM	Break in Exhibit Hall
	Featured Presentation: Moderator - Ramon Llull, MD, PhD
10:30AM - 10:50AM	Pre-Surgical Nanofat Infiltration for Improved Healing - Alexis Verpaele, MD, PhD
10:50AM - 11:00AM	Q&A Session
	Open Forum Discussion: Moderator - Ashkan Ghavami, MD
11:00AM - 11:45AM	Regenerative? - What We Need to Know About Exosomes, Peptides, and the Science of Tissue Response
	Panel: Richard Chaffoo, MD, Daniel Gould, MD, PhD, Tess Mauricio, MD, Shoib Myint, DO, & Alexis Verpaele, MD, PhD
11:45AM - 12:00PM	Discussion with all attendees

12:00PM - 12:15PM	All Faculty, Attendees, Exhibitors and Staff Group Photo
12:15PM - 1:30PM	Lunch in Exhibit Hall
	Featured Presentation
1:30PM - 1:50PM	Update - 2026 Stem Cell Policy in the United States - Randy Miller, MD
1:50PM - 2:00PM	Q&A Session
	Beyond the Scalpel: Biologic Applications for OA and Aging Joints: Moderator - Rowan Paul, MD
2:00PM - 2:15PM	"Not Quite Ready for Metal" - for OA and Aging Joints - Ethan Kellum, MD
2:15PM - 2:30PM	Modern Orthobiologic Treatment of Lateral Epicondylar Tendinopathy - Allan Mishra, MD
2:30PM - 2:45PM	The Knee: The Face of the Leg - Regenerative Options to Help the Knee Feel and Look Better - Moises Irizarry-Roman, MD
2:45PM - 3:00PM	Q&A Session
3:00PM - 3:15PM	Clinical Spotlight: From Processing to Outcomes: Optimizing PRP and BMAC in Clinical Practice - Moises Irizarry-Roman, MD
3:15PM - 3:45PM	Break in Exhibit Hall
	GLP-1 Patients and Tissue Response - Emerging Patterns Across Specialties: Moderator - Ziv Peled, MD
3:45PM - 4:00PM	Why is Nanofat Refractory to GLP-1 Inhibition? - Ramon Llull, MD, PhD
4:00PM - 4:15PM	Beyond Ozempic Face™: The Time Machine Procedure® for the GLP-1 Patient - Tess Mauricio, MD
4:15PM - 4:30PM	GLP-1 Use Around Orthobiologic Procedures: Metabolic Optimization Timing - Rowan Paul, MD
4:30PM - 4:45PM	From Construct to Clinic: GLP-1 Facial Change & a Regenerative Framework for Restoration - Daniel Gould, MD, PhD
4:45PM - 5:00PM	Q&A Session
	Liquid Gold: Mastering Microfat and Nanofat for Periorbital Rejuvenation: Moderator - Marc Mani, MD
5:00PM - 5:15PM	Paradigms that Work for Fat Transfer in Periorbital and Midface Rejuvenation - Ashkan Ghavami, MD
5:15PM - 5:30PM	The Periorbital Transition Zone: Volume with Microfat, Tissue Quality with Nanofat - Daniel Gould, MD, PhD
5:30PM - 5:45PM	Periorbital Fat Grafting - A New Paradigm for Rejuvenation of the Eyelids - Timothy Marten, MD
5:45PM - 6:00PM	Periorbital Cellular Longevity with Microfat/Nanofat - Shoib Myint, DO
6:00PM - 6:15PM	Indications for Microfat and Nanofat in Periorbital Rejuvenation - Alexis Verpaele, MD, PhD
6:15PM - 6:30PM	Q&A Session

SUMMIT SCHEDULE 2026

DAY 3 | SATURDAY August 1

7:00AM - 8:00AM

Breakfast in the Exhibit Hall

8:00AM - 8:15AM

Getting Back in the Game - The Science of Stem Cell Therapies for Athletes: Moderator - Randy Miller, MD

8:15AM - 8:30AM

Oh, I'm Not Done Yet! Stem Cell Applications for the Injured and Aging Athlete - Moises Irizarry-Roman, MD

8:30AM - 8:45AM

The Future of Athletic Recovery: Cellular and Biologic Therapies - Ethan Kellum, MD

8:45AM - 9:00AM

Regenerative Medicine in the Elite Athlete: When Time is Not on Your Side - Rowan Paul, MD

Q&A Session

Regenerative Adipose Applications for Peripheral Nerve Pain: Moderator - Ethan Kellum, MD

9:00AM - 9:15AM

Nanofat Biocellular Therapy for Low Back Pain - Donna Alderman, DO

9:15AM - 9:30AM

How Regenerative Therapies Will Change Nerve Pain - Ziv Peled, MD

Patient Comfort Techniques for Office-Based Procedures: Moderator - Ethan Kellum, MD

9:30AM - 9:45AM

Distracted - Hands-On Approaches to Improve Outcomes - Moises Irizarry-Roman, MD

9:45AM - 10:00AM

Precision Without Pain: Regional Nerve Blocks in Orthobiologic Procedures - Matthew Stokes, DNP

10:00AM - 10:15AM

Q&A Session

10:15AM - 10:30AM

Clinical Spotlight - Facial Contouring, Biostimulation & Regenerative Scaffolds: Anatomy, Tissue Response, and Implications for Facial Rejuvenation - Kay Durairaj, MD

10:30AM - 11:00AM

Break in Exhibit Hall

Live Model Demonstration: Moderator - Rowan Paul, MD

11:00AM - 11:45AM

Ultrasound - New Standard of Care for Injection Precision? - Ethan Kellum, MD, Allan Mishra, MD, & Ziv Peled, MD

Stem Cells, Growth Factors, and Nanofat Applications in Hair Restoration: Moderator - Greg Pataki, MD

11:45AM - 12:00PM

The Hair Follicle as a Regenerative Organ: Development of an Autologous Multicellular Niche Therapy for Androgenic Alopecia - Richard Chaffoo, MD

12:00PM - 12:15PM

Phase Conscious Signal Architecture - John Cole, MD

12:15PM - 12:30PM

PHAT Hair: Combining PRP and Nanofat to Optimize the Follicular Niche - Daniel Gould, MD, PhD

12:30PM - 12:45PM

Emerging Strategies in Cellular Based Regenerative Therapies for Hair Restoration - Ryan Welter, MD

12:45PM - 1:00PM

Q&A Session

1:00PM - 1:55PM

Lunch in Exhibit Hall

1:55PM - 2:00PM

Exhibitor Passport Prize Drawing in Exhibit Hall

The Regenerative Facelift: Merging Structural Repositioning with Nanofat Science: Moderator - Alexis Verpaele, MD, PhD

2:00PM - 2:20PM	Facelift Concept and Technique: Go Deep or Go Home, But Don't Forget the Fat - Ashkan Ghavami, MD
2:20PM - 2:40PM	Endoscopic Scarless Lift® Combined with Strategic Fat and Nanofat Transfer - Marc Mani, MD
2:40PM - 3:00PM	How Fat Grafting Can Make Your Facelifts Better - Timothy Marten, MD
3:00PM - 3:15PM	Facial Fat Grafting in Asymmetries - Greg Pataki, MD
3:15PM - 3:30PM	Q&A Session

Featured Presentation

3:30PM - 4:00PM	Creating Multiple Revenue Streams in Your Practice - Anne Truong, MD
4:00PM - 4:15PM	Q&A Session

Open Forum Discussion: Moderator - John Cole, MD

4:15PM - 5:15PM	The Expanding Frontier - Treating Degenerative Tissue to Increase Healthspan - Robert Alexander, MD, Daniel Gould, MD, PhD, Robert Harman, DVM, MPVM, Ethan Kellum, MD, Ziv Peled, MD, & Alexis Verpaele, MD, PhD
5:00PM - 5:30PM	Discussion with all attendees

5:45PM - 6:30PM **Alumni Reception in Foyer**

6:30 PM - 8:00PM **Saturday Night Social & Mezcal Tasting at Fairway Patio & Foyer**

SUMMIT SCHEDULE 2026

DAY 4 | SUNDAY

August 2

7:15 AM

Lab Shuttle Departs Hilton La Jolla Torrey Pines

7:30AM - 8:00AM

Breakfast in Learning Center - UC San Diego, Center for Future of Surgery

8:00AM - 2:30PM

Immersion Lab

8:00AM - 2:30PM

Face-to-Face Lab

12:00PM - 2:30PM

Grab and Go Lunch



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- Continue the dialogue with your peers.
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